



BrighterlifeCare Newsletter

October 2016



AboutMe Workshop..

I would like to say a huge thank you to those who attended the AboutMe workshop over October half term. There was a really positive atmosphere from start to finish and feedback shows us that everyone really enjoyed themselves. Service users took part in a number of group activities, games and independent work. Overall we feel it was a very successful afternoon



Whats next?..

As you may already be aware BrighterLifecare will soon be offering a new route to work scheme which will involve the following; creating a personalised profile, job matching, engagement with disability friendly employers, work mentor, progress and achievement planner and career development. In addition to this service we hope to offer a number of workshops similar to our AboutMe workshop in October. During these workshops we aim to help adults with disabilities and learning difficulties recognise their strengths and weaknesses by learning more about themselves, to help build their confidence in group situations and independently, and develop employment skills.

SAVE THE DATE: Monday 19th December Christmas Workshop

For more information regarding our new service please contact 07730445284 or Brighterlifecareleisure@gmail.com



